



MEET OUR HEAD OF HUMAN RESOURCES

This month, we shine the spotlight on Fara Zeeshan, our dedicated Head of HR who has grown with Metropolitan Security from its early days.

Fara plays a vital role in supporting staff across all levels, ensuring everyone feels valued, heard, and empowered.
Her people-first approach strengthens our recruitment, staff wellbeing, and retention strategies, helping us build a motivated and high-performing workforce.

She truly embodies Metropolitan's core values, always putting people before profits. Fara's leadership has been key in welcoming and integrating new staff during major contract expansions, ensuring a smooth transition and maintaining high service standards across the board.



Stay Safe and Enjoy the Fireworks This Season

As Bonfire Night and firework displays light up the skies across the UK, Metropolitan Security Services LTD would like to remind everyone to enjoy the celebrations safely and responsibly.

Firework events are a great way to bring communities together — but it's important to remember that safety should always come first. Whether you're attending a large public display or enjoying fireworks at home, taking a few simple precautions can help ensure a fun and incident-free evening.

Our Top Tips for Staying Safe:

- Attend organised events wherever possible they're usually safer, well-managed, and have professional displays.
- Keep a safe distance from fireworks and bonfires, and always follow the event's safety instructions.
- Supervise children closely and never let them handle fireworks or sparklers unsupervised.
- Be mindful of pets and neighbours fireworks can be distressing to animals and vulnerable people.
- If you see anything suspicious, report it to event staff or local authorities immediately.

Let's make this firework season a bright, joyful, and safe one for everyone.

From all of us at Metropolitan Security Services LTD — enjoy the celebrations, stay alert, and stay safe.

Did You Know?

Did you know that both our CEO and Managing Director started working in the security industry 40 years and 36 years ago, bothe worked for many years as on site static security officers, mobile patrol officers, retail officers, regional managers and both served as operations directors in other security companies.

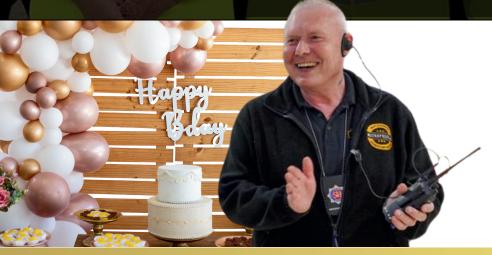
This is just one of the reasons for the success seen today in Metropolitan security services LTD, the owner and person leading the company today both have real hands on experience at every level of the security industry and their expertise is handed down across our teams today that are currently deployed to our client base.

METRO — Metropolitan Security Newsletter November Edition

METROPOLITAN SECURITY SERVICES LTD







Happy Birthday to Our CEO - Jeff Bothwell!

1 November 2025

This month, we celebrate the birthday of our CEO, Jeff Bothwell — a true leader whose dedication, vision, and commitment continue to inspire the entire Metropolitan family.





034 58 20 20 20



FIRE MARSHAL SERVICES

We deliver expert Fire Marshal services to safeguard lives, property, and business continuity. Our fully trained and certified fire marshals professionals conduct regular fire safety inspections, manage emergency equipment, lead evacuation drills, and respond swiftly to incidents. Whether you need shortterm support for an event or long-term fire safety management for your premises, we offer tailored, round-the-clock solutions that integrate seamlessly with your existing security setup.

"COMPLETE THE QUIZ FOR YOUR CHANCE TO WIN £50!"

ACT (Action Counters Terrorism) - Security Officer Quiz

This quiz is designed to test the knowledge and awareness of UK security officers regarding ACT (Action Counters Terrorism) principles. Please answer each question carefully.

- What is the main purpose of the ACT Awareness eLearning programme for security professionals?
 - **A.** To teach self-defence techniques
 - B. To help security staff recognise, understand, and respond to potential terrorist threats
 - C. To replace emergency service training
 - **D.** To manage large public events
- If you observe suspicious behaviour or an unattended item in a public area, what is the most appropriate first action?
 - A. Approach and inspect it yourself
 - **B.** Take a photo and post it online
 - C. Move people away and report immediately via your control room or 999
 - **D.** Ignore it unless someone complains
- Which of the following are key indicators of hostile reconnaissance?
 - A. A person taking notes or photos of security patrols, CCTV, or access points
 - **B.** A person buying coffee in a public area
 - C. A person waiting for a friend
 - **D.** A person looking lost
- Under the 'Run, Hide, Tell' guidance, what should you do after you are safely hidden?
 - A. Call your friends to tell them where you are
 - **B.** Wait quietly and call 999 when it is safe to do so
 - **C.** Try to leave the building immediately
 - **D.** Use social media to share what's happening
- 5 Which of the following reporting channels should be used to share information about suspicious activity related to terrorism?
 - A. ACT app or gov.uk/ACT
 - **B.** Social media platforms
 - **C.** Your company's website
 - **D**. A local newspaper
 - Send your answers to pat@metropolitansecurity.com
 - Prize: £50 for one lucky winner!













































